

CHAMPLIN WEEKLY MENU

Week of April 13 - 19

****Chicken Sandwich, Hamburgers & Cheeseburgers, Macaroni & Cheese: Everyday**

****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

*** Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station**

*** Look for the Sandwich of the Day and Make Your Own Sandwiches on the Salad Bar. Burrito Bar will be on Tuesday, Thursday and Friday.**

~ Menu subject to change due to availability ~

Monday - Friday: Breakfast 7am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 7pm
Saturday - Sunday: Breakfast 9:30am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 6pm

BREAKFAST Available Daily: Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
LUNCH Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
DINNER Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

BREAKFAST

LUNCH

DINNER

<p>MONDAY – 4/13 OMELETS TO ORDER</p> <p>French Waffles</p>	<p>SOUP: Turkey Vegetable Noodle Soup ENTRÉE: Pan Roasted Sausage w/Onions & Peppers STARCH & VEGETABLE: Parsley Buttered Potatoes / Zucchini w/Peppers, Onions & Garlic SALAD: Macaroni Salad SANDWICH: Turkey BLT on a Hoagie Roll w/Lettuce, Tomato & Bacon COOK’S CORNER: Omelet Extension ALLERGEN: Sausage & Peppers on GF Roll, Sauteed Zucchini w/Peppers & Onions in Garlic & Steamed Potatoes HEALTHY CHOICE: Mediterranean Chickpea Salad w/Toasted Pita PIZZA: Buffalo Chicken Pizza DESSERT: Rice Krispies Treats</p>	<p>SOUP: Turkey Vegetable Noodle Soup ENTRÉE: Blackened Chicken Topped w/Pepperjack Cheese Sauce STARCH & VEGETABLE: Fire Roasted Sweet Potatoes / Monte Carlo Blend Veggies SALAD: Macaroni Salad SANDWICH: Meatball Parm Sub COOK’S CORNER: Cuban Sandwich ALLERGEN: GF Blackened Chicken, Fire Roasted Sweet Potatoes & Monte Carlo Blend Veggies HEALTHY CHOICE: Mediterranean Chickpea Salad w/Toasted Pita PIZZA: Buffalo Chicken Pizza DESSERT: Chocolate Layer Cake</p>
<p>TUESDAY – 4/14 OMELETS TO ORDER</p> <p>Pancakes Du Jour</p>	<p>SOUP: Ham & Bean Soup ENTRÉE: Sweet & Spicy Asian Garlic Chicken (GF) STARCH & VEGETABLE: White Rice / Bok Choy, Peppers, Onions, Baby Corn & Garlic Oil SALAD: Broccoli Bacon Salad SANDWICH: Roast Beef w/Horseradish Mayo, Onion, Cheddar, Lettuce, Tomato on Roll COOK’S CORNER: Corned Beef Reuben/Turkey Rachel DELI: BURRITO BAR! ALLERGEN: GF Sweet & Spicy Asian Garlic Chicken, White Rice & Veggie Blend HEALTHY CHOICE: Grilled Chicken PIZZA: Four Cheese Pizza DESSERT: Caramel Toffee Cookies</p>	<p>SOUP: Ham & Bean Soup ENTRÉE: Italian Breaded Chicken on Broccoli Cheddar Sauce STARCH & VEGETABLE: Rotini Pasta / Sauteed Spinach SALAD: Broccoli Bacon Salad SANDWICH: Roast Beef w/Horseradish Mayo, Onion, Cheddar, Lettuce, Tomato on Roll COOK’S CORNER: Corned Beef Reuben/Turkey Rachel DELI: BURRITO BAR! ALLERGEN: GF Breaded Chicken on Broccoli Cheddar Sauce, GF Fusilli Pasta & Sauteed Spinach HEALTHY CHOICE: Grilled Chicken PIZZA: Four Cheese Pizza DESSERT: Hot Apple Crisp</p>
<p>WEDNESDAY – 4/15 OMELETS TO ORDER</p> <p>Sausage Gravy & Biscuits</p>	<p>SOUP: Mexican Chicken Tortilla Soup ENTRÉE: Asian BBQ Pork (GF) STARCH & VEGETABLE: Jasmine Rice / Steamed Broccoli SALAD: Deviled Eggs SANDWICH: Sliced Chicken w/Pesto Mayo, Provolone, Lettuce & Tomato on Baguette COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Asian Pork, Jasmine Rice & Steamed Broccoli HEALTHY CHOICE: Veggie Burgers w/Jalapeño Corn Salsa & Pepperjack Cheese PIZZA: Stuffed Shells & Garlic Knots DESSERT: White Chip Macadamia Cookies</p>	<p>SOUP: Mexican Chicken Tortilla Soup ENTRÉE: Carved, Roasted London Broil w/Beef Jus (GF) STARCH & VEGETABLE: Scalloped Potatoes (GF) / Roasted Asparagus SALAD: Deviled Eggs SANDWICH: Sliced Chicken w/Pesto Mayo, Provolone, Lettuce & Tomato on Baguette COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: Carved, Roasted London Broil w/GF Beef Gravy, GF Scalloped Potatoes & Roasted Asparagus HEALTHY CHOICE: Veggie Burgers w/Jalapeño Corn Salsa & Pepperjack Cheese PIZZA: Stuffed Shells & Garlic Knots DESSERT: Cookies & Cream Pie</p>

BREAKFAST	LUNCH	DINNER
<p>THURSDAY – 4/16</p> <p>OMELETS TO ORDER</p> <p>Apple Oat Strudel Puffs</p> <p>Bonewerks Mexican Style Beef Birria Pop-Up</p>	<p>SOUP: Beef Barley Soup & Homemade Cream of Mushroom Soup ENTRÉE: Sloppy Joes (GF) STARCH & VEGETABLE: Baked Beans / California Blend Veggies SALAD: Mexican Chopped Salad SANDWICH: Tuna Salad on Kaiser w/Lettuce & Tomato COOK’S CORNER: Loaded French Fry Bar DELI: Birria Beef Taco Pop Up! & BURRITO BAR! ALLERGEN: GF Sloppy Joes, Baked Beans & California Blend Veggies HEALTHY CHOICE: Parmesan-Roasted Portabella Mushroom Topped w/Sauce & Cheese PIZZA: Supreme Pizza w/Veggies, Meat & Cheese DESSERT: Mini Mousse Tarts</p>	<p>SOUP: Beef Barley Soup & Homemade Cream of Mushroom Soup ENTRÉE: Fried Chicken Bowl STARCH & VEGETABLE: Mashed Potatoes / Corn SALAD: Mexican Chopped Salad SANDWICH: Tuna Salad on Kaiser w/Lettuce & Tomato COOK’S CORNER: Loaded French Fry Bar DELI: Birria Beef Taco Pop Up! & BURRITO BAR! ALLERGEN: GF Chicken Bowl w/GF Breaded Boneless Chicken, GF Chicken Gravy, Mashed Potatoes & Corn HEALTHY CHOICE: Parmesan-Roasted Portabella Mushroom Topped w/Sauce & Cheese PIZZA: Supreme Pizza w/Veggies, Meat & Cheese DESSERT: Fruit Crepe Bar</p>
<p>FRIDAY – 4/17</p> <p>OMELETS TO ORDER</p> <p>Egg & Cheese on a Kaiser Roll</p>	<p>SOUP: Chicken Noodle Soup ENTRÉE: Baked Cod w/Garlic Parmesan Crust STARCH & VEGETABLE: Rice Pilaf / Green Beans SALAD: DuJour SANDWICH: Ham, Lettuce, Tomato & Swiss w/Sweet Pickle Chips on a Croissant COOK’S CORNER: Roasted or Fried Chicken Wrap ALLERGEN: GF Breaded Chicken Wrap w/Lettuce, Tomato & BBQ, Buffalo or Honey Mustard HEALTHY CHOICE: Trail Mix w/Nuts, Dry Fruit & Greek Yogurt PIZZA: Meat Lovers Pizza DESSERT: M & M Cookies</p>	<p>SOUP: Chicken Noodle Soup ENTRÉE: Sliced Roast Beef w/Beef Gravy STARCH & VEGETABLE: Roasted Potatoes / Chateau Blend Veggies SALAD: DuJour SANDWICH: Ham, Lettuce, Tomato & Swiss w/Sweet Pickle Chips on a Croissant COOK’S CORNER: Roasted or Fried Chicken Wrap ALLERGEN: Sliced Roast Beef w/GF Beef Jus, Roasted Potatoes & Chateau Blend Veggies HEALTHY CHOICE: Trail Mix w/Nuts, Dry Fruit & Greek Yogurt PIZZA: Meat Lovers Pizza DESSERT: Red Velvet Cake</p>
<p>SATURDAY – 4/18</p> <p>Continental Breakfast Omelets (CTO)</p> <p>9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Egg & Cheese on an English Muffin (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Chicken Souvlaki STARCH & VEGETABLE: Confetti Cous Cous / Sauteed Yellow Squash, Peppers, Carrots, Onion & Ginger COOK’S CORNER: Closed ALLERGEN: Chicken Souvlaki on GF Flat Bread, White Rice, Sauteed Yellow Squash, Peppers, Carrots, Onions & Garlic PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>
<p>SUNDAY – 4/19</p> <p>Continental Breakfast Omelets (CTO)</p> <p>9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Teriyaki Beef STARCH & VEGETABLE: Hoisin Noodles / Garlic & Ginger Stir Fried Zucchini & Broccoli w/Onions COOK’S CORNER: Closed ALLERGEN: GF Teriyaki Beef, White Rice & Garlic & Ginger Stir Fried Zucchini & Broccoli w/Onions PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>